



INSIDE...

BENZIE CENTRAL SENIOR HIGH SCHOOL SCHOOL NEWS

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Calendar of Events

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| January 3 | School Resumes |
| January 18 | EXAMS 2nd, 3rd, 4th hours |
| January 19 | EXAMS 5th, 6th, 7th hours |
| January 20 | EXAMS Seminar & 1st hour |
| January 20 | End of Semester 1/2 day students/full day teachers |



Counselors Corner: Mrs. Powell

The start of the second half of the school year could mean scrambling to get grades up and studying for mid-terms! The winter season can also be a time for a bit more depression as increased cloud cover and shorter days are upon us. To help fight stress make sure to get plenty of rest as it gives your body needed time to recharge. Also take opportunities to enjoy Michigan's outdoors as exercise gets your endorphins going and can actually increase energy levels. If you do find yourself feeling cooped up indoors, take a moment each day to be mindful of the things you can find to be thankful for. Work on refocusing your thoughts to positive things and find hobbies or things to do that make you feel relaxed. At any rate, know that we are available to talk anytime and are happy to help with suggestions for winter stress relievers. It may seem like a long season but as any adult knows, time passes more quickly each year so take some time to enjoy the moment!

Mrs. Burrus

- 10th grade students will work on Educational Development Plans and other components of career exploration on January 10, 11 and 12. They will also prepare for the Career Tech Center visit which will take place on February 2.
- The Michigan Merit Exam for 11th grade students, which includes the SAT, will take place in early April. Juniors should be preparing for this test now. Teachers include SAT preparation activities in regular lesson plans but all students can get additional, free, personalized practice at Khan Academy. Visit www.khanacademy.org/sat to get started!
- NHS also offers tutoring help on Monday's & Thursday's during seminar, see Mrs. Kangas for a pass.



Find us on Facebook: www.facebook.com/benziecentralhighschool find daily announcements, activities, sports, and more by visiting and liking our page.

Every Student, Every Day: A National Initiative to Address and Eliminate Chronic Absenteeism

A student who misses just two days of school each month — 18 days total in the year — is considered to be chronically absent. In the United States, more than 6 million children are chronically absent from school each year. Students who are chronically absent are more likely to fall behind in reading and less likely to graduate. Even when excused, absences add up and can greatly impact a child's education. To combat chronic absenteeism, the U.S. Department of Education, the Charles Stewart Mott Foundation, and the Ad Council have partnered to provide information and resources to schools, organizations, and families. Check the website, AbsencesAddUp.org, for information and resources to help ensure children attend school each day.



School Calendar 2017



January 1-2	Christmas Recess continued
January 3	School Resumes
January 20	End of Semester (½ Student/Full Day Teachers)
February 17	Half Day Students/Full Day Teacher (PM Teacher PD)
February 20	President's Day – NO SCHOOL
March 24	Half Day Students & Teachers
March 25-31	Spring Recess
April 3	School Resumes
April 7	End of Third Marking Period
April 14	Good Friday – NO SCHOOL
May 26	Half Day Students/Full Day Teacher (PM Teacher PD)
May 29	Memorial Day – NO SCHOOL
June 4	Graduation
June 9*	Last Day of School (½ Student Day/Full Day Teachers)

*Approximate last day – not allowing for extra weather related delays.

WANTED sewing donations: The high school library has resurrected the sewing machines from the retired home economics program. Soon, students who are passing all of their classes, will be able to sign up to attend sewing and crafting sessions during seminar. To get this project launched we need donations of a wide variety of materials. We need fabric scraps or yardage, felt notions of any sort, batting, stuffing or pillow forms, thread or any other related sewing or crafting items. If you can help us get this program started with your left over supplies, just drop them off in the library with Polly, and we will put them to good use.