

BENZIE CENTRAL WEEK AT A GLANCE 1-29-18

*“Be strong but not rude, be kind but not weak, be humble but not timid, be proud but not arrogant.”
adapted from Jim Rohn*



TEAM OF THE WEEK: Junior Varsity and Varsity Girls Basketball Teams - Their first game of the week was cancelled due to inclement weather. Perhaps having just one game this week allowed the girls to focus in because both the JV and the Varsity teams came out on Thursday night with an intensity and a focus that can only be described as “beast-mode.” They simply were not going to be denied the victory as they both beat Traverse City Central on their home court on Snowcoming and #OneBenzie Night! Congrats Lady Huskies!

COACH OF THE WEEK: Jeff Nordbeck has been coaching the JV girls basketball team for five years. Coach Nordbeck always is sure to bring out the best effort from his girls. By the time the girls are on Varsity, they know the system and fit right onto the Varsity team. Jeff has coached softball and basketball at many levels and is an outstanding Benzie Central community member. He works with the Benzonia Township Fire Department. The success of the Benzie Central Girls Basketball program is due in large part to Jeff Nordbeck and his relentless effort and determination.



STUDENT-ATHLETE OF THE WEEK: Aleiya Ross dominated in the Varsity Girls Basketball triumph over Traverse City Central High School last week. She led her team in so many ways: intensity, rebounding, points, aggressiveness, free throw consistency. Aleiya provides senior leadership to a group of girls who are all willing to work hard for each other and her work ethic in practice and in games is contagious. Aleiya has also been a part of the track team throughout high school. She carries a 3.89 GPA and has served as class president and vice president as well as Benzie’s National Honor Society President. Congratulations Aleiya Ross, Benzie Central Student-Athlete of the Week.



UNSUNG HERO: Julie Zych is the JV and Varsity Boys and Girls Home Game official scorebook keeper. Put simply, Julie Zych is responsible for ensuring that for all forty of these games, each point is correctly attributed to the appropriate player, the number of timeouts taken by each coach is correctly marked, the number of fouls of each player on both teams is recorded properly, and ensuring that tracking is accurate for every other stat and piece of information that goes into the

technical side of the game of basketball! When referees are in doubt, they check with Julie, and what Julie has in her scorebook is the official record for the game, so what she says goes. Much like refs at the game, no one notices or recognizes the work she does if she's doing a great job, and since that's always the case, she doesn't get the recognition she deserves! Thank you, Julie, for the smile you bring with you to the Gym each night, and for all your hours of volunteered time to our basketball programs here at Benzie Central!

NEW INFORMATION:

1. Bus times for February are up. Make sure you click the February tab on the bottom. [Transportation](#)
2. Student Section Dress Up Themes at home games: 1/30 Pink Out for Breast Cancer; 1/31 80s Retro; 2/1 Red/White/Blue
3. Athletic team in charge of concessions at home games: 1/29 Bowling; 1/30 Wrestling; 1/31 Track & Field; 2/1 Boys Soccer
4. [Benzie Central bests Traverse City Central](#) article from MI Sports Now with video highlights
5. [Benzie Central honors exchange student after Snowcoming Game](#) article from MI Sports Now

REMINDERS:

1. When one of our athletic programs runs concessions (ie. BC Track Team), they are also running a 50/50 raffle drawing.
2. All checks from families or businesses should be made out to "Benzie County Central Schools" or "BCCS".
3. Please charge your captains with ensuring all our Huskies are respectful while in the HOME and AWAY locker rooms.

GYM USE:

**HS=High School Gym; MS=Middle School Gym; G=Girls; B=Boys; FR=9th; JV=Junior Varsity; V=Varsity;
 ELE=Elementary **Red=Contest****

28 HS: SOCCER 6-8	29 HS: BJV/V 3-5 GJV/V (H) 4:30-9 MS: B/GFR (H) 4:30-9 JHG (A)	30 HS: BJV/V 3-4:30 GJV/V (H) 4:30-9 MS: JHG 3-4:30 B/GFR 4:30-6:30	31 HS: GJV/V 3-4:30 BJV/V (H) 4:30-9 MS: JHG (H) 3-8 NO FR PRACTICES	FEB 1 HS: BJV/V 3-4:30 GJV/V (H) 4:30-9 MS: JHG 3-4:30 B/GFR 4:30-6:30	2 HS: GJV/V 3-5 GFR 5-7 MS: JHG 3-4:30 BFR 4:30-6:30 BJV/V (A)	3 HS: ELEM 8-1 MS: ELEM 8-1
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VOLUNTEERS: Thank you to our **AMAZING** Gameday Volunteers! Light gray shading = MS Gym

Date	GAME TYPE	OPPONENT	TIME	TICKETS	SCOREBOARD	SCOREBOOK
1/29/18	Freshman Boys BKB	Gaylord	5:30 PM	Misty Tennant	Eli Harris	
1/29/18	Rescheduled JV Girls BKB	Mesick	6:00 PM	Lisa Purchase	Brian Ross	Julie Zych
1/29/18	Freshman Girls BKB	Boyne City	7:00 PM	Laura Warsecke	Eli Harris	
1/29/18	Rescheduled Varsity Girls BKB	Mesick	7:30 PM	Rebecca Meachum	Brian Ross	Julie Zych
1/30/18	JV Girls BKB	Suttons Bay	6:00 PM	Mandie Novogradac	Brian Ross	Julie Zych
1/30/18	Varsity Girls BKB	Suttons Bay	7:30 PM	Mandie Novogradac	Brian Ross	Julie Zych
1/31/18	MS Girls BKB	Suttons Bay	4:30 PM	Misty Tennant	Brian Ross	
1/31/18	JV Boys BKB	Suttons Bay	6:00 PM	Kim Jones	Tom Stapleton	Julie Zych
1/31/18	Varsity Boys BKB	Suttons Bay	7:30 PM	Julie Stevenson	Tom Stapleton	Julie Zych
2/1/18	JV Girls BKB	Frankfort/Elberta	6:00 PM	Kim Jones	Tom Stapleton	Julie Zych
2/1/18	Varsity Girls BKB	Frankfort/Elberta	7:30 PM	Mandie Novogradac	Tom Stapleton	Julie Zych

Bowling

Boys/Girls Varsity

Saturday	02/03/18	Great Northwest Bowling Conference	Place Away	Dismiss	Depart	Time 8:00 AM
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Alpine Skiing

Boys/Girls Varsity

Friday	02/02/18	Benzie Invite	Place Home	Dismiss	Depart	Time 10:00 AM
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Basketball**Boys Varsity**

			Place	Dismiss	Depart	Time
Wednesday	01/31/18	*Suttons Bay High School	Home			7:30 PM
Friday	02/02/18	*Frankfort Elberta Area Schools	Away			7:30 PM

Boys Junior Varsity

			Place	Dismiss	Depart	Time
Wednesday	01/31/18	*Suttons Bay High School	Home			6:00PM
Friday	02/02/18	*Frankfort Elberta Area Schools	Away		4:40 PM	6:00 PM

Boys Freshman

			Place	Dismiss	Depart	Time
Monday	01/29/18	Gaylord High School	Home			5:30 PM
Wednesday	01/31/18	Rescheduled from 2018-01-31 Kalkaska High School	Away		4:00 PM	6:00 PM

Girls Varsity

			Place	Dismiss	Depart	Time
Monday	01/29/18	*Mesick Consolidated Schools	Home			7:30 PM
Tuesday	01/30/18	*Suttons Bay High School	Home			7:30 PM
Thursday	02/01/18	*Frankfort Elberta Area Schools	Home			7:30 PM

Girls Junior Varsity

			Place	Dismiss	Depart	Time
Monday	01/29/18	*Mesick Consolidated Schools	Home			6:00 PM
Tuesday	01/30/18	*Suttons Bay High School	Home		:	6:00PM
Thursday	02/01/18	*Frankfort Elberta Area Schools	Home		:	6:00PM

Girls Freshman

			Place	Dismiss	Depart	Time
Monday	01/29/18	Gaylord High School	Home			7:00 PM

Girls Middle School

			Place	Dismiss	Depart	Time
Monday	01/29/18	Traverse City East Middle School	Away		3:15 PM	5:00 PM
Wednesday	01/31/18	Suttons Bay High School	Home			4:30 PM

Boys Junior Varsity

Saturday	02/03/18	Petoskey High School (Petoskey JV Invite)	Place Away	Dismiss	Depart	Time 9:00 AM
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Boys Middle School

Friday	02/02/18	Gaylord Invite	Place Away	Dismiss 1:00 PM	Depart 1:15 PM	Time 4:15 PM
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Wrestling

Boys Varsity

Saturday	02/03/18	Manton High School (Mid Michigan Conf Tournament)	Place Away	Dismiss	Depart	Time 9:00 AM
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Yours in Sportsmanship, Academics, and Athletics,

Steve Graetz

Director of Athletics - Benzie Central Schools

Go Huskies!