

## BENZIE CENTRAL WEEK AT A GLANCE 12-4-17

**QUOTE OF THE WEEK:** *“A coach will impact more young people in a year than the average person does in a lifetime.” -Billy Graham*

**TEAM OF THE WEEK:** 8th Grade Basketball. To date, the 8th grade boys basketball team has amassed a record of 7-0. More impressive than their record has been their commitment to getting better each week. The individual team members have responded well to their coaching and worked to improve on both offense and defense.

**COACH OF THE WEEK:** Corey Bechler - Corey coached the 8th grade girls volleyball team this fall to a 30-6 record and finished as Northwest Conference Champions in October and has followed that up with coaching the 8th grade boys basketball team. Coach Bechler’s student-athlete-centered, positive, coaching style resonates well with boys and girls. By valuing mistakes - treating each as an opportunity to grow and improve, he shows respect to the individual players while building a team-first mentality. Bechler and his teams have made Benzie Middle School proud, this fall and each year.



**STUDENT-ATHLETE OF THE WEEK:** Quinn Zickert is a member of the 8th grade boys basketball team. Quinn works hard and stays focused on the court as well as in the classroom. Quinn currently carries a 4.0 Grade Point Average (GPA). He quietly models excellent sportsmanship and persistent effort for his teammates in practice and at games.



**UNSUNG HERO:** Rebecca Meachum is one of two secretaries in the main office at Benzie Central Middle/High School. She also serves as the athletic secretary. Mrs. Meachum maintains records for Pay-to-participate, athletic physicals and athletic passes. She sends out our rosters to other schools, makes game-day programs for our home games, and coordinates game-day volunteers. The athletic department would not operate with the efficiency that it does without Mrs. Meachum taking care of the many details in the office.



**VIDEO OF THE WEEK:**

[What a phenomenal perspective!](#) (2 minutes)

[MINews26 recap-Benzie Varsity Girls Basketball DOMINANT VICTORY over Cadillac Tuesday](#) (4 min)

Watch the full game at [this link](#).

**IMPORTANT INFORMATION FOR COACHES:**

1. Sports Pictures -Mon., Dec. 4th- 9th boys, 9th girls, JV girls, Varsity girls, JV/V wrestling. Thurs, Dec 7th-7/8/JV/V Boys BKB.
2. New Ice Machine is here and operational - THANKS MIKE ZIELINSKI - Adult Operators Only.  
When you are back there and you get a chance, bag up a few small bags of ice and place them in the freezer. Thank you.
3. Follow all our teams on facebook: 1) Go to benzieschools.net 2) Click Athletics 3) Click "Follow Your Favorite Sports Teams."
4. Thank you for latching all doors when you leave. Keep that going!
5. Please charge captains with helping keep student-athletes respectful while in the locker rooms.
6. ALL physical forms MUST be turned in to the office to practice.
7. ALL Pay to Participate money is to be turned into the High School Office to play in games.
8. Athletic Booster meeting Dec 18 at 6pm in the HS Concessions Room.
9. Concessions: 12/4-BKB Game-Softball Team; 12/6-Wrestling Match-Girls Basketball; 12/7-BKB Game-Bowling Team

**GYM USE:**

HS=High School Gym; MS=Middle School Gym; G=Girls; B=Boys; FR=9th; JV=Junior Varsity; V=Varsity;

ELE=Elementary **Red=Contest**

3 HS: REC 2-3:30 SOCCER 6-8 MS: REC 2-3:30	4 HS: GV 3-5 BFR 5-7 MS: GJV/FR 3-5 <b>JHB (A)</b> <b>BJV/V SCRIMM (A)</b>	5 HS: GJV/FR 3-5 BJV/V 5-7 MS: JHB 3-4:30 BFR 4:30-6 GV 6-7:30	6 HS: BJV/V 3-4:30 <b>BWR (H) 4-11</b> MS: G/BFR 3-5 <b>GJV/V (A)</b> <b>JHB (A)</b>	7 HS: <b>B/GFR (H)</b> <b>3:00-7:30</b> MS: <b>GJV/V 3-4:30</b> BJV/V 4:30-6:30	8 HS: BJV/V 3-5 BFR 5-7 MS: JHB 3-4:30 GFR 4:30-6 <b>GJV/V (A)</b>	9 HS: <b>BWR 9-5 (H)</b> MS:
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**BENZIE CENTRAL GAMES NEXT WEEK:**

**Basketball**

***Boys Varsity***

S Monday	12/04/17	Elk Rapids High School	Place Away	Time 4:30 PM
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***Boys Junior Varsity***

Monday	12/04/17	Elk Rapids High School	Place Away	Time 6:00PM
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***Boys Freshman***

Monday	12/04/17	Traverse City West HS	Place Home	Time 5:00 PM
Thursday	12/07/17	Kalkaska High School	Home	5:30 PM

***Boys Middle School***

Monday	12/04/17	Leland Public Schools	Place Away	Time 4:30 PM
Wednesday	12/06/17	Onkama High School	Away	4:30 PM

***Girls Varsity***

Wednesday	12/06/17	*Frankfort Elberta Area Schools	Place Away	Time 7:30 PM
Friday	12/08/17	*Mesick Consolidated Schools	Away	7:30 PM

***Girls Junior Varsity***

Wednesday	12/06/17	*Frankfort Elberta Area Schools	Place Away	Time 6:00 PM
Friday	12/08/17	*Mesick Consolidated Schools	Away	6:00 PM

***Girls Freshman***

Thursday	12/07/17	St. Francis HS (Traverse City)	Place Home	Time 4:00 PM
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## Wrestling

### Boys Varsity

			Place	Time
Wednesday	12/06/17	Benzie Quad Meet Benzie Central MS/HS Frankfort Elberta Area Schools Lake City High School St. Francis HS (Traverse City)	Home	6:00 PM
Saturday	12/09/17	Mason Co Central School	Away	9:00 AM

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## Bowling

### Boys/Girls Varsity

			Place	Time
Saturday	12/09/17	Great Northwest Bowling Conference Benzie Central MS/HS OPEN DATE	Away	8:00 AM

Yours in Sportsmanship, Academics, and Athletics,

**Steve Graetz**

Director of Athletics - Benzie Central Schools

*Go Huskies!*