

# Building Community Resilience

Learn about the health impact of Adverse Childhood Experiences (ACEs) and your important role in helping to overcome them.

*Hosted by Munson Healthcare Paul Oliver Memorial Hospital*

**September 25, 2019 | 5 - 8 pm**

Benzie Central High School Auditorium

9222 Homestead Rd., Benzonia, MI 49616

Enjoy refreshments and onsite childcare.

Register for this FREE event at [munsonhealthcare.org/resilience2019](http://munsonhealthcare.org/resilience2019)

## Event Schedule

**5 pm:** Doors open. Explore the exhibit area featuring community resources.

**5:30 pm:** Welcome followed by a viewing of the film *Resilience: The Biology of Stress & The Science of Hope*

**6:40 pm:** Panel Discussion with Q & A

**7:15 pm:** Presentation: "The Way We Treat Children Matters," presented by Megan Stilwill, DO

Questions? Call **231-352-2273**

## Meet The Panelists:

Mary King Gruman, MS, LPC, NBCC of Birchbank Counseling

Kristen Ryder, School Psychologist of Traverse Bay Area Intermediate School District

Robert Sprunk, MD of Grand Traverse Children's Clinic

Megan Stilwill, DO of Traverse Area Pediatric and Adolescent Clinic



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