### **Chartwells School Meals**









### Welcome Back to the Café Benzie Central Students!

We are thrilled to be back serving your child for the 2023-2024 school year! To kick off the new year, we wanted to share important updates about our Food and Nutrition Program.

The Michigan School Meals Program is funding free school meals for all K to 12<sup>th</sup> grade students this school year! This funding allows for one free breakfast and one free lunch per student. Students must take a fruit or vegetable with the entrée to qualify. Extra items such as drinks, a la carte entrees, additional entrees, and snacks are not included in this program but will be available for purchase.

Even though meals will be provided for free, it is important for families to continue sharing household income information in order for our schools to receive full access to federal and state funding for educational programs that our students are entitled to. The Education Benefit Form helps to fund other programs and may waive other fees for your family – Submit yours today! https://benzie.familyportal.cloud/

A printable version of this form can be obtained on the Benzie Central website under the Food Service tab.

We can't wait to serve up happy & healthy to your child!

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# Adding Funds to Students Breakfast & Lunch Accounts



#### https://benzie.familyportal.cloud

One breakfast and one lunch is free for each student. Extra items such as drinks, extra entrees, and snacks will be available for purchase. Through Family Portal, you as parents can view the purchases your child is making at lunch. Here spending restrictions and custom alerts can be placed on your child's account online. Deposits can be made online into your child's account – there is a processing fee. Online deposits go live into your student's account at the time of the deposit. Additionally, deposits can be made at your child's school by sending cash or a check payable to **Benzie Central Schools Food Service** for no fee.

# What is included with a School Breakfast & Lunch?



A meal includes an entrée, fruit, veggies, and a low-fat milk. Our team will encourage students to take advantage of the fruit and vegetable bar! Therefore, if a team member sees your child with only an entrée we will encourage them to grab a fruit or veggie, however, it is always the students choice.

Students must take a fruit or vegetable with the entrée to qualify for a free breakfast or lunch.

As participants in the National School Breakfast and Lunch program, we are obligated to follow all regulations. These include serving sizes, calorie content, and nutritional guidelines pertaining to all food offered for sale during the school day.

### Café Prices

The Michigan School Meals Program is funding free school meals for students this school year! This funding allows for one free breakfast and one free lunch per student. *Students must take a fruit or vegetable with the entrée to qualify for a free breakfast or lunch.*Additional meals, beverages, and snacks may be purchased.

#### Elementary a la carte options

\$0.50 milk

#### Middle & High School a la carte options

Assorted snacks, \$1 - \$2, beverages \$2- \$2.50, ala carte entrees \$2.95





At the heart of Chartwells is a strong team of motivated, caring and conscientious individuals who are dedicated to ensuring Benzie's students leave the cafeteria happier and healthier than they came in. We all have the same goal—deliver the best foodservice possible while making it fun and enjoyable for our students. Connect with us to see our team and what we're doing in our cafes serving up happy &

healthy!!









# Food Allergies or Special Dietary Needs?

If your child has a food allergy or dietary needs we must receive a Special Dietary Statement, completed by a licensed medical professional (MD, DO, NP, PA) if they plan on eating a school meal. Our child nutrition team is not able to monitor or safe guard any food allergies in our cafes unless we receive a special dietary form on file for your student, per the Michigan Department of Education. After receiving, we can make a plan to safe guard for food allergies in our cafes, provide more information including ingredient labels, a specific dietary plan, and more. Please contact Lisa Purchase if you have any questions.

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